Capital Times

The Cardiff Collection

Three breathtaking venues
in the heart of one capital city

Perfect for your wedding day

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CASTELL CAERDYDD

CITY HALL
CARDIFF

MANSION HOUSE
CARDIFF

CARDIFF
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The Cardiff Collection

A romantic Christmas proposal leads to the excitement of planning your dream wedding day in the New Year. We have three breathtaking venues in the heart of our capital city which are perfect for your celebration.

Whether it is the grandeur of City Hall, the magnificent interiors of Cardiff Castle or the intimacy of the Mansion House, The Cardiff Collection can offer you history, elegance, opulence and architectural splendour for your very special day.

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Cardiff Castle
Tel: 029 2087 8100
www.cardiffcastle.com

City Hall

City Hall is the centrepiece of one of the world's finest civic centres, an area of prestigious buildings, gardens and broad avenues. Within this impressive venue can be found elegant rooms of all sizes and descriptions which can accommodate your wedding however large or small your ceremony. Here, you can celebrate in true style.

City Hall
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to download our wedding brochure or
contact the venue for further information
cardiffcollection@cardiff.gov.uk

With thanks to Sian Trenberth, Rob Watkins and Sally Uphill for the use of photographs

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SPOTLIGHT ON THE SUBURBS - SEE PAGE 5

Capital Times

Cardiff Council Issue 146 January 2013

CARDIFF
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Jeff Kinney; the creator of the Diary of a Wimpy Kid phenomenon, had children captivated at an event at City Hall where he spoke about the inspiration behind the books. The sell-out event marked the launch of the Cardiff Children's Literature Festival which will take place from March 20 to March 24, 2013. It will boast some of the best national and local contemporary authors and illustrators in both English and Welsh, promoting literacy and the arts with an inventive and accessible programme across the city. For more information about the Cardiff Children's Literature Festival visit www.cardiffchildrenslitfest.com

News

Young poeple take part in The Big Welsh Walk - see page 4.

Pupils take over the museum - see page 7.

Be prepared for welfare reform changes

CARDIFF Council is advising residents to be aware of how the UK Government's Welfare Reform programme may affect them.

From April 2013, changes will be made to a whole raft of welfare benefits which will have a far reaching impact for claimants and affect many vulnerable people as well as the services which support them.

One of the most significant changes will be to Council tax benefit, which currently helps people on low incomes to pay their council tax. This will be abolished and replaced by local council tax reduction schemes.

The Welsh Government have decided that there should be one scheme for the whole of Wales. This scheme means that everyone will have to pay at least 10 per cent towards their council tax bill from April 2013, even if they pay nothing at the moment.

35,000 households will have to pay more council tax as a result of the change. Around 27,000 households who previously did not have to pay anything will now have to pay for the first time, significantly increasing the costs of collection for the council.

The council will have no control over the amount of the cut but does have some small areas of discretion including whether to give more help to war pensioners.

Another major change is the Under Occupation Rule or "Bedroom Tax" which will affect around 4,000 people across Cardiff.

Continued on page 3...

WHAT'S YOUR EXCUSE?
Jimmy and Donny, from Cardiff, say their daughter Meg doesn't have to go to school when it's her birthday.
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17 days absent a year = Drop a GCSE grade in all subjects
CARDIFF
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How to Contact Us

Welcome to your Capital Times - it's packed full of news and new features about the council and city. Capital Times is Cardiff's largest circulation newspaper, delivered free to most homes in the city twelve times a year by Royal Mail.

If you would like to comment on anything you've seen in the paper or on council services generally or if you would like to submit an article on your community organisation contact our editorial team on: 029 2087 2451.

You can also e-mail us at capitaltimes@cardiff.gov.uk

The paper is also available from council offices and facilities such as libraries and leisure centres across the city and on the council's website www.cardiff.gov.uk

If you have any questions about the delivery or distribution of Capital Times ring 029 2087 2451 or e-mail capitaltimes@cardiff.gov.uk

You can also write to us at: Capital Times, Room 422, County Hall, Cardiff, CF10 4UW

For all other inquiries regarding council services ring our award-winning contact centre C2C on 029 2087 2087.

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Don't forget

When you've read the Capital Times, make sure you recycle it.

A day in a life

The latest in a regular series looking at jobs carried out by council employees. This month waste enforcement officer **Danielle Jones** talks to Capital Times.

MY team is a new education and enforcement team especially dedicated to Plasnewydd and Cathays.

What we're doing is ensuring waste and recycling is presented correctly, predominantly by the students because they populate large parts of the area but also other residents and businesses as well.

A typical day starts with going into the office to check if we've had any service requests from residents. If we have, we'll print them out and ensure they are completed before proactively monitoring our area, particularly hotspots we've identified and dealing with any issues as they arise.

We've had a good response from the students because so many are new to the area and have come from all over the country so they're not aware of the recycling and waste collection procedures we have in place. So education is the priority, we need to get out there and speak to them and provide them with the information they need and they're always really grateful.

There are a lot of students to get around but I think we've done well this year. We've completed over a thousand proactive actions in the area in the last couple of months and the results speak for themselves really. The streets are a lot cleaner.

You're always going to have isolated incidents in the area not necessarily from student housing, a lot of the housing round here can be short term lets. There are a lot of flats above shops, there can also be a language barrier so we need to be clear it's not just students who are experiencing a different recycling and waste collection service for the first time. I think having a team dedicated within that area has made a lot of difference.

We're also promoting the tidy text service, a service that gives people a text message the evening before collection and lets them know what to put out, that's helped the big improvement around here with over 500 people signing up in the last three months. If you were to take a walk around Plasnewydd and Cathays this year compared to doing the same thing a year ago, I think people would see a big difference. A lot of that is down to the team.

There is a lot I like about this role. For example, I like speaking to people and providing them with information that they haven't known before. It's really nice when you work really hard and you see an improvement on the streets.

We're in the area every day, education is our priority and if anyone wants to speak to us we have green bags and literature to give out. Enforcement is the last resort but we are issuing formal notices to problem properties in the area. Students and other residents do actually provide us with excellent recycling but if people are unsure they just need to give us a ring and we're always happy to help.

Pioneering water scheme goes with the flow

CARDIFF Council is exploring an exciting new sustainable water management scheme in south Cardiff.

The scheme, carried out in partnership with Dŵr Cymru Welsh Water and the Environment Agency (EA), could transform the local environment, bringing significant benefits to the community and greatly reduce the city's carbon footprint.

The first phase of the Taff Basin Sustainable Drainage Programme - Greener Grangetown - is being designed in Cardiff and is a UK leading study to examine and deliver innovative ways to manage surface water currently pumped and treated ten miles away.

Central to this phase would be delivering water saving technology to residents in Grangetown to reduce household bills alongside improvements to the 'look and feel' of the area.

This initial phase will also include an extensive community engagement programme to ensure residents are fully involved and informed throughout this process. In the coming weeks, we will be holding an exhibition in the area and contacting residents for their ideas on what they would like included in the scheme.

Cabinet Member for the Environment, Councillor Ashley Govier said: "This is an area that suffers increasing levels of surface water ponding during periods of high rainfall and we are exploring sustainable solutions that will positively transform parts of Grangetown for residents and visitors alike. The 'greener' approach will look to utilise techniques such as permeable paving and vegetation screening that with good design would bring a new look and feel to the street scene environment to the benefit of the local community."

He added: "We will also build into the plan the possibility of local retrofits so that water collection schemes can be available to householders who may want to try new ways to reduce water usage and reduce household bills, known as 'rainwater harvesting' for gardens and other uses."

In order to deliver the feasibility stage of the scheme, it was recognised that a collaborative approach is required between the three main stakeholders, Cardiff Council, and the EA. Consequently, a memorandum of agreement was signed by all three partners and early draft designs are being prepared to carry out a Phase 1 feasibility and design of the programme.

Committee dates January/February 2013

Tuesday, 8 January, Public Protection Committee, 10.30am, Committee Room 1, County Hall.

Tuesday, 8 January, Licensing Committee, 10am, Committee Room 1, County Hall.

Wednesday, 9 January, Planning (Development Control) Committee, 2.30pm, Ferrier Hall, City Hall.

Thursday, 10 January, Economy and Culture Scrutiny Committee, 4.30pm Committee Room 4, County Hall.

Tuesday, 15 January, Children & Young People Scrutiny Committee, 2.30pm Committee Room 4, County Hall.

Tuesday, 15 January, Constitution Committee, 5pm, Committee Room 2, County Hall.

Wednesday, 16 January, Policy Review and Performance Scrutiny Committee, 4.30pm, Committee Room 4, County Hall.

Friday, 18 January, Environmental Scrutiny Committee, 4pm, Committee Room 4, County Hall.

Tuesday, 22 January, Democratic Services Committee, 1.30pm, Committee Room 2, County Hall

Tuesday, 22 January, Community and Adult Services Scrutiny Committee, 4.30pm, Committee Room 4, County Hall.

Tuesday, 22 January, Children & Young People Scrutiny Committee, 4.30pm, Function Room D, City Hall.

Thursday, 24 January, Cabinet, 4pm, County Hall.

Monday, 28 January, Audit Committee, 2.30pm, Committee Room 4, County Hall.

Tuesday 29 January, Corporate Parenting Panel, 4pm Committee Room 4, County Hall

Tuesday, 29 January, Standards and Ethics Committee, 4.30pm, Committee Room 3, County Hall.

Wednesday, 30 January, Planning (Policy) Committee, 4pm, venue to be advised

Thursday, 31 January, Council, 4.30pm, Council Chamber, City Hall.

Tuesday, 5 February, Licensing Committee, 10am, Committee Room 1, County Hall.

Tuesday, 5 February, Public Protection Committee, 10.30am, Committee Room 1, County Hall.

These dates are correct at time of going to press, however changes can occur due to unforeseen circumstances. If you wish to attend any of these meetings, details may be confirmed with Committee Services at County Hall on 029 2087 2000.

It's a cracker of a Christmas in Cardiff Bay

HUNDREDS of people flocked to Cardiff Bay over Christmas to take part in a special world record attempt.

As part of the Bay's festive celebrations the official Guinness World Record attempt saw people looking to pull the highest number of simultaneous Christmas crackers.

The explosive record attempt, in association with the Fire Fighters Charity, capped off a delightful weekend of Christmas celebrations including a spectacular firework display over the water, courtesy of Capital FM.

Chris Atherton, Chair of the Waterfront Partners who represents the businesses and attractions in the Bay, said: "Christmas at Cardiff Bay is now an established event in the winter calendar. We were very excited to be hosting a Guinness World Record attempt along with the festive markets and entertainment. It was the perfect event for the whole family to enjoy."

Cabinet Member for Sport, Leisure and Culture, Councillor Huw Thomas added: "Christmas in Cardiff Bay is always a lovely family occasion and this year proved to be no exception. There was a lively entertainment programme on offer including music, carol singing, brass bands and a children's funfair, as well as an opportunity to meet Santa in his grotto, take part in arts and craft workshops and enjoy street walkabout entertainment."

- For more information about Cardiff Bay and to view the events programme visit www.visitcardiffbay.info

Photograph by Ethos

• Official Guinness World Record Cracker Pulling attempt

Photograph by Ethos and inserts by Melina Tringis

• Spectacular Christmas firework display at Cardiff Bay .

Cardiff Daffodils a blooming success

AREAS across Cardiff are about to get a whole lot brighter through Cardiff Council's community bulb planting initiative.

The scheme, now in its third year, allows community groups to get their green-fingers on the unique 'Cardiff' daffodil bulbs so that they can enjoy planting them and watching them come into bloom.

The 19 community groups will each plant the bulbs in their area of the city, in a spot where members of the public can enjoy them.

For example Ely Communities First Volunteers group will be planting their bulbs in the grounds of Western Leisure Centre and the Time Schools Programme will be planting theirs outside Glyn Derw High School.

Pedal Power aim to plant their bulbs in the grounds of the caravan site next to Sophia Gardens and in Roath both St Margaret's and St Edwards' churches will plant bulbs in their grounds.

Cabinet Member for Sport, Leisure and Culture, Councillor Huw Thomas said: "This brilliant scheme gives members of the community the chance to come together to brighten up their surroundings, helping to make Cardiff look beautiful during the springtime.

"The Cardiff Daffodil has become a well established favourite and is an important part of the city's history. Residents and visitors to Cardiff can look forward to seeing all the new flowers come into bloom, hopefully in time for St David's Day on March 1st."

The special 'Cardiff' daffodil was developed to celebrate the 2005 centenary of Cardiff as a city and golden anniversary as the capital of Wales. Since then many thousands of bulbs have been planted in the city.

Ward councillor for Penylan, Tricia Burfoot, added: "Members of St. Edward's Church, Penylan, spent a productive hour or two planting the Cardiff Daffodil bulbs in the grounds.

"Parishioners of all ages and abilities joined in and they are looking forward to enjoying the benefits of the bulbs in the spring. They are very grateful for the gift."

continued from page one...

The rule means that Council and Housing Association tenants with one or more spare rooms will have their housing benefit reduced. However, if the tenant or their partner is a pensioner, this rule does not apply.

Under the rule, two children are expected to share a room until at least the age of 10, increasing to age 16 if the two children are the same sex.

Around 2,300 Cardiff Council tenants (about 18 per cent of all its tenants) and a further 1,800 Housing Association households will be affected by the Under Occupation Rule.

Many households, who currently think they haven't got a spare room because their children have a bedroom each, will have their housing benefit reduced.

A series of roadshows will also be taking place during the coming weeks to give advice to people who may be concerned about these changes:

- Tuesday, January 8, 10am to 5.30pm at The Hayes, Cardiff city centre.
- Friday, January 11, 10am to 4.30pm at Western Leisure Centre, Caerau Lane, Caerau.
- Thursday, January 17, 10am to 4.30pm at Eastern Leisure Centre, Llanrumney Avenue, Llanrumney.
- Tuesday, January 22, 10am to 4.30pm at Channel View Leisure Centre, Jim Driscoll Way (off Avondale Road), Grangetown.
- Thursday, January 24, 10am to 4.30pm at Llanishen Leisure Centre, Ty Glass Avenue, Llanishen.
- Thursday, January 31, 10am to 4.30pm, at The Powerhouse, Roundwood, Llanederyn.

Councillor Lynda Thorne, Cabinet Member for Communities, Housing and Social Justice, said: "We are very concerned about the cuts to welfare benefits which are being imposed by the UK government. These cuts will result in many low income households suffering severe financial hardship. It is therefore vitally important that people understand that these changes are coming into force in April next year. We as a Council will do everything we possibly can to help and support those affected."

• More details about Welfare Reform visit the Council's website, www.cardiff.gov.uk/WelfareReform or call C2C on 029 2087 2087.

ADVERTISMENT

Young people walk the walk

MORE than a thousand young people have taken part in a special walk around the perimeter of Wales.

Organised by Monmouthshire County Council's Youth Service, The Big Welsh Walk saw youth workers from all 22 Welsh local authorities and the Council for Wales of Voluntary Youth Services joining young people in walking sections of the route, planting daffodil bulbs along the way.

The Big Welsh Walk covered an impressive 1,047 miles split into 5km sections.

Young people and their youth workers from all over Cardiff walked from the boundary with Newport along the seawall path to the Senedd, with one group walking from Penarth to the Senedd.

The event was designed to highlight the huge range of voluntary and council-backed youth activities and support services that benefit nearly 300,000 young people across Wales every year.

Simon Morris, Cardiff Council's achievement leader for Youth Support Services took part in the Walk. He said: "The Big Welsh Walk was an opportunity for us to see young people in a positive light and praise all of the good work that happens in youth support services around Wales but particularly in Cardiff.

"Cardiff Youth Service works hard with thousands of young people within their communities or on the streets."

Clive Burris, a youth worker in Cardiff took part in the Cardiff leg of the walk.

He said: "The group consisted of young people from the Youth Service, the Scouts and a disabled group including Whizz Kids. We had a brilliant time and it was impressive to think that we were walking the same path as so many other young people across the country."

The Big Welsh Walk 2012 was generously sponsored nationally by the Learning and Skills Improvement Service.

• Whizz-Kids and Becky Soundy from Cardiff Youth Service plant daffodils.

Share your views with Scrutiny

ADULTS who care for adults are being asked to share their views on the types of service and support they receive from Cardiff Council.

The Community and Adult Services Scrutiny Committee (CASSC), chaired by Councillor Ramesh Patel, has been invited by the Council's Cabinet to explore and identify the various services and support that adult carers would like or that they feel they could benefit from.

The project group wants to hear carers' perceptions or opinions on how the Council can provide better services that support and meet their needs. It also wants to identify the challenges and barriers that prevent carers from accessing or benefiting from the range of Council services that are already available to them.

The Scrutiny Committee will be working with carer's representatives and organisations as part of its inquiry, which will be presented in a formal report to the Council's Cabinet, detailing its recommendations in spring 2013.

CASSC is also examining the provision of adult social care services to Black and Minority Ethnic (BME) communities in the city.

This month's Scrutiny Committee will discuss methods to increase the take up of adult social care services by BME communities and how to improve the accessibility of those services.

The Scrutiny team has identified good practice from other local authorities in England and Wales which has improved the effectiveness of adult social care services delivered to BME communities and addressed some of the barriers to access and take up of adult social care services by those communities.

The recommendations following the research will be presented to the Council's Cabinet for consideration.

• Adult carers wishing to contribute their views or anyone looking for more information or wishing to contribute to either research should email scrutinyviewpoints@cardiff.gov.uk

Carers: know your rights

CARERS in Cardiff are being encouraged to find out and understand about their rights.

Cardiff Council wants adults living in the city who may be carers of other adults, or who know someone who is a carer to access their right to a Carers Assessment.

A carer is someone who looks after an adult relative, friend or neighbour who is unable to manage at home without help. This may be because they are elderly, disabled by physical or mental ill health, have a learning disability, drug or alcohol problem, or have a long-term illness. The care they give is unpaid.

Cardiff Council's Cabinet Member for Adult Services Councillor Luke Holland, said: "As many people are currently living in tough economic circumstances, there has never been a more important time for carers to know their rights, and access all the support they are entitled to. We want to make sure carers in Cardiff are getting the information and advice they need to claim benefits, access practical support and find out how technology can help them."

Most adult carers have a right to a carer's assessment by their local Council which could lead to the carer or adult they care for getting services to help out. A carers assessment will identify if there is any support or services a carer needs to help them in their caring role, for example a break from caring.

Councillor Holland added: "Many carers simply don't identify themselves as carers and do not know what help is available, even those who have been caring for years sometimes aren't aware of their entitlements. Other practical or emotional support may be available from local charities, organisations and support groups, which is why it's important that people to find out their rights."

Over the next few months Cardiff Council will hold a public consultation which will look at all areas affecting adult carers, including carers assessments and the type of services that carers need to support them in their caring role.

Carers aged 18 and over who care for adults can get more details or register their interest in the planned consultation by contacting Nicola Hayne, Carers Policy Officer on 029 2087 3631 or emailing carers@cardiff.gov.uk

Carers who want to discuss having a Carers Assessment should talk to the Contact and Assessment Team on 029 2053 6444.

Biodiversity Corner

Biodiversity is all living things. It provides us with food, clothing, medicine, building materials and fuel. It helps reduce stress and aids relaxation. Each month Cardiff Council ecologist **Laura Palmer** will point out some of the great biodiversity you can see across the city.

JANUARY

AS I write I have just been told that there is a fantastic murmuration in Cardiff Bay! This may not sound like something to get excited about but it is an experience you won't forget. You may have seen spectacular images on TV of thousands of birds flying in unison in huge flocks, creating patterns across the sky. A 'murmuration' is the name used for flocking **Starlings**. The birds form huge clouds, bunching together, wheeling, pulling away and swooping in perfect unison.

This spectacle is now on our doorstep. In December, 3000 Starlings were reported in the Cardiff bay Wetland Reserve roost which should last until spring. Their aerial acrobatics can be viewed from the pavement at Windsor Esplanade just before dusk. But suddenly, they will simply tumble into the reedbed like a waterfall, and it will all be over for another day.

I'll be back next month with more biodiversity attractions.

Starling

Murmuration

Spotlight on the suburbs

The latest in a series of articles looking at the changing face of the suburbs in Cardiff. This month Capital Times focuses on the work being done to brighten up the shops in **Michaelston Road**.

TRADERS in Michaelston Road, Ely are celebrating following the completion of a local shopping centre regeneration scheme.

The Neighbourhood Regeneration Team has been working with traders to transform the existing shops and forecourt into a colourful and accessible neighbourhood shopping facility. The project forms part of Cardiff Council's Local Shopping Centre Strategy.

The aim of the project was to enhance the physical appearance of the shopping centre as well as addressing community safety issues and improving accessibility.

The work has seen new shop fronts, shutters and signs, new street lighting, paving works and improved parking arrangements.

Traders and the community have been involved in the project from the outset with the scheme reflecting the views expressed priorities during consultations. These include removing the canopy from the front of the building and introducing lighting to shop fronts and the forecourt to improve visibility and safety.

Mr Gong Cen from the Man Sang said: "Everyone at the Man Sang is very pleased with our changes. It's brought a touch of modernisation to our premises and our customers are very happy with our new look."

Councillor Lynda Thorne, Cabinet Member for Housing, Communities and Social Justice, said: "Significant improvements have taken place at Michaelston Road shops. The regeneration scheme has brought vibrancy and colour to the shops, helping to sustain local businesses and secure local shopping provision for the community."

• Michaelston Road shops before and after the work.

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2013
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Dysgu Cymraeg
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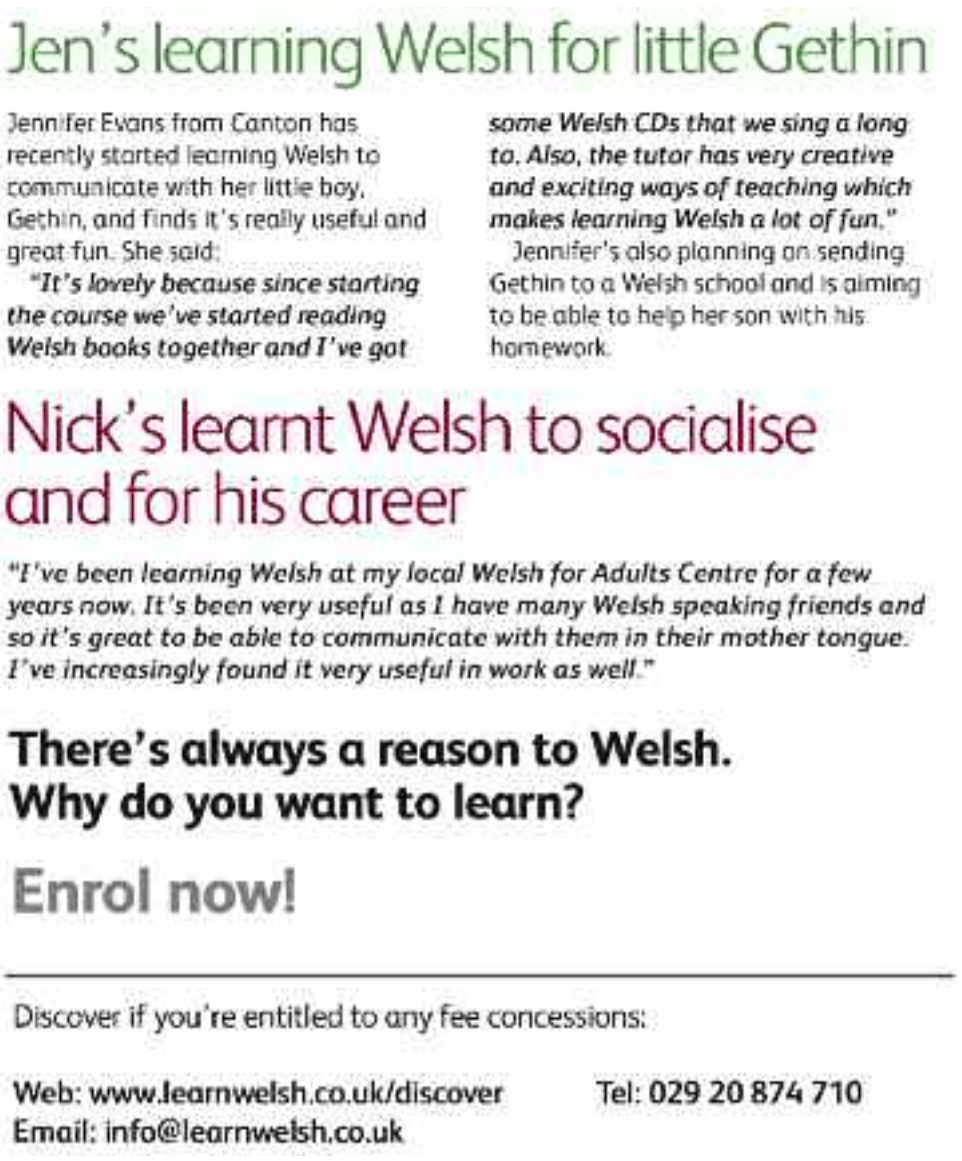
Jen's learning Welsh for little Gethin
Jennifer Evans from Canton has recently started learning Welsh to communicate with her little boy, Gethin, and finds it's really useful and great fun. She said:
"It's lovely because since starting the course we've started reading Welsh books together and I've got some Welsh CDs that we sing a long to. Also, the tutor has very creative and exciting ways of teaching which makes learning Welsh a lot of fun."
Jennifer's also planning on sending Gethin to a Welsh school and is aiming to be able to help her son with his homework.
Nick's learnt Welsh to socialise and for his career
"I've been learning Welsh at my local Welsh for Adults Centre for a few years now. It's been very useful as I have many Welsh speaking friends and so it's great to be able to communicate with them in their mother tongue. I've increasingly found it very useful in work as well."
There's always a reason to Welsh.
Why do you want to learn?
Enrol now!
Discover if you're entitled to any fee concessions:
Web: www.learnwelsh.co.uk/discover
Email: info@learnwelsh.co.uk
Tel: 029 20 874 710

Your area - Cardiff South

Each month the Capital Times will focus on a different area of the city.

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MoWalsh@cardiff.gov.uk

Ralph Cook
2087 2501
ralphcook@cardiff.gov.uk

Where to find your nearest

COMMUNITY HALL

St Mellons Community Education Centre
Crickhowell Road
2077 8667

HOUSING OFFICE

South district housing office
(covering: Caerau; Canton; Grangetown; Riverside; Leckwith)
1st Floor, Marland House, Central Square
2053 7111
housingenquiries@cardiff.gov.uk

LEISURE CENTRE

Eastern Leisure Centre
Llanrumney Avenue, Llanrumney
2079 6616
EasternLeisureCentre@cardiff.gov.uk

Channel View Centre
Jim Driscoll Way, off Avondale Rd
2037 8161
ChannelViewLeisureCentre@cardiff.gov.uk

STAR Leisure Centre
Splott Road
2048 4637
Starcentre@cardiff.gov.uk

Splott Swimming Pool
Muirton Road, Splott
2046 2548
splottswimmingpool@cardiff.gov.uk
Central Youth Club
Ocean Park, Ocean Way
2046 1988

LIBRARY

Grangetown Library
Havelock Place
2023 0526

Llanrumney Library and Learning Centre
Countisbury Avenue
2077 7351

Fairwater Library
Doyle Avenue, Fairwater
2056 4019
fairwaterlibrary@cardiff.gov.uk

Rumney Library
Brachdy Road
2079 5834
rumneylibrary@cardiff.gov.uk

Splott Library
STAR Centre, Splott Road
2046 2522
splottlibrary@cardiff.gov.uk

St Mellons Library
30 Crickhowell Road
2077 9194
stmellonslibrary@cardiff.gov.uk

NEIGHBOURHOOD LEARNING CENTRE

Eastmoors Neighbourhood Learning Centre
Sanquahar Street, Splott
2046 2858
eastmoorsac@cardiff.gov.uk

Rumney Neighbourhood Learning Centre
Llanstephan Road
2077 9365
rumneyac@cardiff.gov.uk

St Mellons Community Education Centre
Crickhowell Road
2077 8667
StMellonsAdultCentre@cardiff.gov.uk

PLAY CENTRE

Grangetown Play Centre
The Marl, Off Ferry Road
2039 5265
childrensplay@cardiff.gov.uk

Llanrumney Play Centre
Braunton Crescent, Llanrumney
2079 4783
childrensplay@cardiff.gov.uk

Splott Play Centre
Muirton Road, Splott Park
2047 0867
childrensplay@cardiff.gov.uk

YOUTH CLUB

Butetown Pavilion
Butetown Youth Pavilion, Dumballs Road
20 488 66

Caer Castell Youth Club & Trowbridge Youth Club
Rumney High School, Quarry Hill
2036 0796

East Moors Youth Club
East Moors Youth & Community Centre, Sanquahar Street, Splott
2046 2858

Grangetown Information Shop
185-187, Penarth Road
2066 6385

Llanrumney Youth Club
Llanrumney Youth Club, Ball Road
2077 8931

St. Mellons Youth Club
St Mellons Community Education Centre, Crickhowell Road
2077 8667

New housing centre excels at Welsh Housing Awards

THE new Single Assessment Centre on Dumballs Road is celebrating winning two awards at the Chartered Institute of Housing Cymru Welsh Housing Awards 2012.

The project, which has only been open since July has been awarded the title of "Development of the Year" and "Outstanding Leadership by a Local Authority."

The Single Assessment Centre is a partnership project between Cardiff Council, Huggard, Hafod Housing Association and was built by Cowlin Construction

Cabinet Member for Communities, Housing and Social Justice, Councillor Lynda Thorne, said: 'The single Assessment Centre provides state of the art facilities for some of the most vulnerable people in our community. It's very positive news indeed that in our first few months of opening the centre has won two awards. It's fantastic for the partnership and shows the importance of working together."

The centre includes a health suite where health services are provided accessed and comprise of two hostels with 44 ensuite bedrooms and 16 overnight emergency beds. It also has a new Huggard Day Centre along with training and development facilities to help those living in the centre.

The centre was officially opened in September by Huw Lewis AM, Minister for Housing, Regeneration and Heritage alongside Councillor Thorne and Howard Gough Chair of the Huggard.

Richard Edward, Chief Executive of Huggard, said "These awards give testament to the strength and achievements of close partnership working and we look to the continued benefits that this will bring to homeless and vulnerable people in Cardiff. "

Alan Morgan, managing director of Hafod Housing Association said: "Hafod provides support and accommodation for a wide range of people and our partnerships with organisations such as Cardiff Council and the Huggard have helped us to offer a wider range of health, training and welfare services alongside the important work of helping vulnerable people out of homelessness. We are very proud that this approach has been recognised with a national award."

Artist's Impression

• The new Single Assessment Centre on Dumballs Road.

Cardiff School Lights Up Christmas

CHILDREN from a Cardiff primary school entertained the patients, parents and staff at the Noah's Ark Children's Hospital for Wales at the lighting of this years Christmas Tree.

The steel band from Oakfield Primary School in St Mellons wowed the crowds and really got the hospital into the festive feeling – even teaching Father Christmas himself a few tunes!

The festive occasion is all part of a series of events held for the children at Christmas by the Noah's Ark Children's Hospital Charity as part of their Christmas Stocking Appeal.

The Noah's Ark Christmas Stocking Appeal makes giving simple! Supporters simply donate to a fund via www.noahs-ark-appeal.org to buy a wish list of gifts.

This year's wish list included toys, games and equipment which will benefit children on the wards, in the therapy rooms and in the playrooms. In addition to this, money raised by the Christmas Stocking Appeal will also go towards specialist equipment for the new Critical Care Unit in Phase Two which will treat the most vulnerable and seriously ill children in Wales.

Suzanne Mainwaring, Director of the Noah's Ark Appeal said: "This is just one of the events we are lucky enough to be able to hold for the children thanks to all that support our Christmas Stocking Appeal. It's so hard for the patients at the hospital over the festive season, but this is the first of a number of super festive surprises that Noah's Ark Children's Hospital Charity will use to bring Christmas to those who need it most."

• Puplis from Oakfield Primary School entertain patients at Noah's Ark Children Hospital.

Be prepared for flooding

MORE than five million people live or work in flood risk areas in England and Wales.

Everyone in Cardiff needs to be aware of the likelihood of flooding happening and what to do if flooding does occur.

The following advice has been put together should flooding occur in the city:

HOW DO I PREPARE FOR A FLOOD?

The severity of flooding depends on the type and nature of the events that trigger them. Short periods of intense rainfall can cause flash flooding, longer periods of wide spread heavy rain can cause rivers to overflow and storm surges can cause coastal flooding.

BEFORE THE FLOOD

1. Move valuable items including important documents to high levels.
2. Bring indoors items that may cause damage or be damaged.
3. Ensure you have bottles of drinking water in case the water supply becomes contaminated.
4. Remember that water can enter the house through whatever means it can normally leave the house eg: toilets, doors, sinks.

DURING THE FLOOD

1. Never try to drive through flood water, 80 per cent of flood deaths occur in vehicles.
2. Avoid walking through flood water, streams or rivers in full flow.
3. Just 15 cms of rapidly moving water can knock a person over.
4. If you have to evacuate your home turn off those utilities you can access such as gas, electric and water.
5. Avoid driving unless your journey is absolutely necessary.

Cabinet member for Environment, Councillor Ashley Govier said, "We can't always know exactly when flooding will happen, but Cardiff Council and other agencies can help warn and prepare you. The Environment Agency operates 'Floodline Warnings Direct' which is a free service which sends you a direct message when flooding is expected and may affect your property.

Flood warnings will give you time to prepare for flooding which could save you time, money and heartache."

• Call Floodline on 0845 988 1188 or visit www.environment-agency.org.uk/flood for more information.

Children help tell the Story

• Ton-Yr-Ywen Primary School pupils welcome visitors to Cardiff Story.

THE Cardiff Story was taken over by school children last month as part of 'Taking over Museums Day'

Ton-Yr-Ywen Primary School's History Club spent the whole day at the museum doing jobs that adults normally do.

The pupils were on duty welcoming all visitors, as well as taking them on short tours of the museum's 130 year old historic Tiled Corridor. They also interviewed older Cardiffians about their childhood memories.

The children had a great day and had lots of positive feedback about their time at the museum

Akhila Pasupuleti, aged 11, said: "We did lots of jobs like interviewing people, guess the object and meeting and greeting visitors."

Christine Ludke, aged 10, added: "We looked at objects and we learnt how to ask people questions and we led tourists around."

The Queen Street Digital Screen
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News in brief

Do you own a small business? We want to hear from you.

CARDIFF'S Economy and Culture Scrutiny Committee is conducting an inquiry into how the Council works with small businesses.

As part of this inquiry councillors would like to hear the opinions of small businesses into the different Council services they receive.

The information given will be of great use to the committee and could help to improve Council practice with small businesses.

To complete the online survey please visit: www.surveymonkey.com /s/ cardiffsmallbusinesses

If you would like any more information on Scrutiny in Cardiff, please contact Scrutiny Services on 029 2087 2953 or via email at scrutinyviewpoints@cardiff.gov.uk.

Active Cardiff membership extended

CARDIFF Council's Active Cardiff membership scheme has been extended to include an additional four community centres.

Already a popular way of using leisure and sport facilities in Cardiff the card is now accepted at the following community centres: Maesycoed Road, Pontpreannau Community Centre, Plasnewydd Community Centre and Canton Community Centre. This means it is now accepted in every council leisure centre in the city.

The Active Card is a simple scheme offering great value for money for those wanting to get fit and improve their health and wellbeing at amenities such as gyms, swimming pools, fitness classes, racquet sports, athletics and cycling.

With over 400 group fitness classes including zumba, aerobics, kettlebells and circuits available across the city there's something for everyone. Children can also benefit from the scheme with the Junior Active Card allowing access to a wide range of junior activities and courses. There is a range of memberships available to suit various needs.

Griffin Mill

We're closer than you think!

Drive Times (at the legal limit) to Griffin Mill

1	Culverhouse Cross	17mins, 11.5miles
2	Fairwater	15mins, 7miles
3	Llandaff	16mins, 9miles
4	Radyr	10mins, 5miles
5	Whitchurch	9mins, 5.1miles
6	Rhiwbina	10mins, 7miles
7	Llanishen	16mins, 7.7miles
8	Rumney	20mins, 11.3miles
9	Roath	20mins, 9.7miles
A	Base Camp	CF37 5YH
	Summit	CF37 5YB

60 ANNIVERSARY

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Griffin Mill PEUGEOT KIA FIAT NISSAN

Capital Sport...

Another event brought to you by Cardiff Council www.cardiff.gov.uk or Call C2C on 2087 2087

Welcome to the new Capital Times sports page

WITH Cardiff having established itself as a world class city of sport , it is fitting that we can now feature, each month, the vast variety of sporting activity in the city including, community grass roots sport, school sport, club sport, sports events and useful information regarding opportunities to get involved in sport in the Welsh capital.

2012 was another fantastic year of sport in Cardiff, capped off with being a host city for the Olympic Games. In total Cardiff staged eleven Olympic football matches at the Millennium Stadium, adding to the city's sporting legacy as having staged major sporting events such as the FA Cup Final, Rugby World Cup matches, an Ashes test match and many many more. During the Olympic and Paralympic Games Cardiff, also hosted a wide range of international teams including Trinidad and Tobago and Australia to help them prepare for the Games which is further testament to the quality that our city has to offer in terms of its sporting infrastructure.

Having been successful in securing the prestigious title of European Capital of Sport 2014, sport is very much the forefront of city life and the Council's goal is to provide a lasting legacy of the Games for grassroots sport through developing and supporting schools, clubs, competitions, coaches and volunteers, focusing on children and young people across the city.

Through this page each month you will be able to see what the sports and activities and taking place throughout the city with handy links to the Sport.Cardiff website offering a complete sporting breakdown of what's happening in the Capital.

Cardiff City FC

Tel: 0845 365 1115
www.cardiffcityfc.co.uk

npower Championship
Saturday, January 7, 3pm
Cardiff City vs Ipswich Town

npower Championship
Saturday, January 26, 3pm
Cardiff City vs Leicester City

Cardiff Blues RFC

Tel: 029 2030 2030
www.cardiffblues.com

Heineken Cup - Pool 6
Saturday, January 19, Time TBC.
Cardiff Blues vs Sale Sharks

The LV= Cup
Friday, February 1, 7.30pm
Cardiff Blues vs London Irish

RaboDirect Pro12
Friday, February 8, 7.30pm
Cardiff Blues vs Leinster

Cardiff RFC

Tel: 029 2030 2002
www.cardiffrfc.com

Saturday, January 26, 2.30pm
Cardiff RFC vs Cardiff Metropolitan University

Wednesday, February 8, 7.15pm
Cardiff RFC vs Cardiff & District

Cardiff Devils

Tel: 029 2038 2001
www.cardiffdevils.com

Elite League
Sunday, January 13, 6pm
Cardiff Devils vs Fife Flyers

Elite League
Saturday, January 19, 7pm
Cardiff Devils vs Edinburgh Capitals

Elite League
Sunday, January 27, 6pm
Cardiff Devils vs Nottingham Panthers

Elite League
Thursday, January 31, 7.30pm
Cardiff Devils vs Coventry Blaze

Elite League
Sunday, February 3, 6pm
Cardiff Devils vs Belfast Giants

For all other sporting fixtures taking place across the city this month please visit www.sport-cardiff.com

Sport Cardiff in partnership with Cardiff City FC promote new group ticketing offer

NOW is the time to register your interest in the new Group Ticketing initiative here at Cardiff City Football Club!

Cardiff City has a new Group Ticketing Department which will be in place for the upcoming 2012-13 season.

Group ticketing enables all kinds of groups, whether they be community, commercial or charity, the ability of receiving benefits by booking in groups of ten or more. By attending in a group of ten or more, you will enjoy great savings on match ticket prices.

Group sales are for children and adults. To encourage youth participation, all children tickets will be priced at£7.50 per child.

In addition, your group can take advantage of the many fantastic match-day experiences we have on offer, such as:

- Pitch-side Parade
- Guard of Honour
- Team Flag Bearers
- Post-match Penalties
- Warm-up area and dugout experience
- Pitch-side Performances

All experiences are available on a 'first come, first served' basis, so please book early to avoid disappointment!

Cardiff City are now operating a Cash 4 Clubs initiative too, Making great opportunities for schools and Community groups to raise funds for their clubs.

To register your interest in group tickets today call Kelly on 029 2064 3627 or emailkellyreardonbrown@cardiffcityfc.co.uk

Olympic medallist visits Cardiff school

KARINA Bryant, Judoka bronze medallist from the London 2012 Games, has made a special visit to Cardiff Cathedral School, Llandaff.

Children at the school had the opportunity to receive tips and learn techniques on this form of martial art from Karina.

The pupils also had the chance to have autographs and photographs with the Olympic medallist which was an unforgettable experience for all of them.

This activity, part of the London 2012 Olympic Games Legacy programme, was organized by Ysgol Judo in Partnership with Sport.Cardiff who ran this Olympic legacy event.

Karina is the most successful British fighter of all time with more than 14 European and World titles to her name.

The 33-year-old judoka finished eighth, ninth and fourteenth at the previous three Olympics, but took bronze in the +78kg category in 2012 by defeating Ukraine's Iryna Kindzerska after narrowly losing her semi-final against the Japanese world champion, Mika Sugimoto.

Karina has taken part in the sport from an early age, achieving a black belt at the age of 16. She is a seven-time medalist at the European Judo Championships and World Judo Championships and European Champion on four occasions.

The pupils and parents were very impressed by the day, especially Karina who really got involved with the sessions. The judoka was also surprised with what she saw.

She said: “It is great to see so many children here today, and if I can inspire anymore to get involved with the sport then I’m more than happy to help.”

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Your ward surgeries

> ADAMSDOWN

Nigel Howells.

1st & 3rd Saturday of every month 11am to 12 noon at Roath Library, Newport Road. To request a personal visit please contact Tel: 029 2046 5233

Manzoor Ahmed.

2nd & 4th Saturday of the month. 10.30 - 11.30 am at Roath Library, Newport Road. Contact Tel: 07595 353589

> BUTETOWN

Ali Ahmed.

Every 2nd & 4th Saturday of every month. 11am to 12 noon at County Hall, Atlantic Wharf (in the office to the left of reception).

Saturday street surgeries - 12.15pm to 1.15pm. For more details contact 07976 358696

> CAERAU

Peter Bradbury and Elaine Simmons.

Every other Saturday - please contact 07973 179577 for more details. 10am to 11am at Western Leisure Centre, Caerau Lane. No appointment necessary.

> CANTON

Richard Cook, Cerys Furlong and Ramesh Patel.

Every Saturday. 10am to 11am at Canton Library, Library Street. No appointment necessary

> CATHAYS

Elizabeth Clark.

First Saturday of every month. 11am to 12noon at Cathays Library, Fairoak Road. Please contact Councillor Clark on 20630311 or email eclark@cardiff.gov.uk

Sam Knight, Sarah Merry and Christopher Weaver.

1st Saturday of the month. 11am to 12noon at Cathays Community Centre, Cathays Terrace.

All other Saturdays at Cathays Library, Fairoak Road. For city centre surgeries contact Members Services on 029 2087 2020 for details.

> CREIGIAU & ST FAGANS

Graham Thomas

To book an appointment or arrange a house call please email: graham.thomas@cardiff.gov.uk or call Councillor Thomas on 07805 850812 or Members Services on 029 2087 2020.

> CYNCOED

Kate Lloyd, Margaret Jones & David Rees

Tuesday 15th January 2013. 10.00am at Anatoni's, Clearwater Way, Lakeside.

Tuesday 12th February 2013. 1.00pm at Coffee Plus, Rhydypenau Road, Cyncoed. For further details contact Members Services on 029 2087 2020

> ELY

Jim Murphy, Susan Goddard and Russell Goodway.

1st & 3rd Saturday of every month except for August. Ely Day Centre, Grand Avenue, Ely. Contact Members Services on 029 2087 2020

> FAIRWATER

Lisa Ford and Neil McEvoy.

Every Saturday 11am to 12noon at Fairwater Library. Every Wednesday 12noon to 1pm at Pentrebane Community Centre.

Paul Mitchell.

1st and 3rd Saturday, 11am to 1pm - street surgeries at various locations.

2nd and 4th Saturday 2pm to 3.30pm – fixed surgeries at Fairwater Library. Contact paul.mitchell@cardiff.gov.uk for further details.

> GABALFA

Ed Bridges and Gareth Holden.

Thursday 6th December 2012. 6pm to 7pm at the Heath Public House, Whitchurch Road.

Thursday 3 January 2013, 6pm to 7pm at the North Star pub, North Road.

First Thursday of every month - Venue rotated around the ward – please check the website or see local press for location

> GRANGETOWN

Ashley Govier, Chris (John) Lomax and Linda Thorne.

Every Saturday from 10.30am at Grangetown Library, Havelock Place.

Third Monday of every month, 12noon to 1pm at Grangetown Library, Havelock Place.

First Wednesday of the month from 6pm at Channel View Flats Community Room.

> HEATH

Fenella Bowden.

1st Saturday of the month, 10am to 11am at Birchgrove School; and as advertised within the ward. Contact Tel: 029 2069 2435.

Lyn Hudson.

1st Wednesday of every month (except August). 5.30pm-6.30pm, Maes y Coed Community Centre.

Graham Hinchey.

1st Monday of every month (except August). 5.30pm - 6.30pm. Maes y Coed Community Centre . For details of Street Surgeries please contact Councillor Hinchey

> LISVANE

David Walker.

To book an appointment please contact Councillor Walker on 029 2087 2432. Fax. 029 2087 2597. Email: g.nurton@cardiff.gov.uk

> LLANDAFF

Gareth Aubrey and Kirsty Davies.

2nd Saturday of every month 12.30pm to 1.30pm, at Llandaff Parish Hall.

4th Saturday of every month, 12noon to 1pm at St Johns Hall, Danescourt.

> LLANDAFF NORTH

Dilwar Ali and Siobhan Corria.

1st & 3rd Tuesday of each month - 5.30pm - 6.30pm Llandaff North Library, Gabalfa Avenue, Llandaff North

2nd & 4th Thursday of each month - 10.00am - 11.00am. Gabalfa Community Education Centre, Colwill Road, Llandaff North

> LLANISHEN

Phil Bale, Garry Hunt and Julia Magill.

Every Saturday 10am to 11am at Cardiff North Labour Office, 13 Llangranog Road, Llanishen.

Andrew Graham.

To book an appointment or arrange a house call please email: Andrew.Graham@cardiff.gov.uk or call Councillor Graham 029 2075 1364 or Members Services on 029 2087 2020.

> LLANRUMNEY

Heather Joyce, Derrick Morgan and Keith Jones.

1st Saturday of every month and every Tuesday 9.30am at Llanrumney Library, Countisbury Avenue.

> PENTWYN

Joseph Carter, Paul Chaundy, Keith Hyde and Judith Woodman.

Alternate Fridays (School term times only). 11.30am - 12.30pm at the Powerhouse, Llanedeyrn. Contact 029 2054 9650; or

11.30am - 12.30pm at the Dome, Pentwyn, Contact 029 2054 9033. No appointment necessary

> PENTYRCH

Craig Williams.

To book an appointment or arrange a house call please call 07843 233083 or email crwilliams@cardiff.gov.uk

> PENYLAN

Joe Boyle, Patricia Burfoot, and Bill Kelloway.

Friday 18 January, 2013 at 6.00 pm in Marlborough Primary School, The Foyer, Blenheim Road Entrance. Contact Members Services on 029 2087 2020

> PLASNEWYDD

Daniel De'Ath, Mohammed Javed, Sue Lent and Mary McGarry.

Every Saturday morning. 10.00am - 11.00am - Penylan Library and community Centre, Ninian Road (except August)

First Monday of every month. 2.00pm- 3.00pm - Plasnewydd Community Centre. Contact Members Services on 029 2087 2020

> PONTPRENNAU & OLD ST MELLONS

Dianne Rees.

1st Saturday of every month (except August). 9.30am-10.30am - Caer Salem Baptist Chapel, Tyr Winch Road.

1st Monday of every month (except for Bank Holidays and August). 6.00pm - 7.00pm - Pontprennau Community Centre, Heol Pontprennau

Georgina Phillips

1st Saturday of every month, 9.30am to 10.30am. Upstairs at Pontprennau Community Church Centre, Heol Pontprennau.

1st Saturday of every month 11am to 12noon. The hall at the rear of Caersalem Baptist Church, Mill Lane, Old St. Mellons.

> RADYR & MORGANSTOWN

Roderick McKerlich.

To book an appointment please call Councillor McKerlich on 029 2084 3106. Email rmckerlich@cardiff.gov.uk

> RHIWBINA

Jayne Cowan, Eleanor Sanders and Adrian *Robson.*

Thursday 10 January 2013. 11.30am to 1.00pm, The Deri Public House, Heol Y Deri, Rhiwbina. Saturday 9 February 2013. Coffee Morning and Surgery, 10.30am to 12.00noon, Rhiwbina Baptist Church, Lon Ucha, Rhiwbina. http://rhiwbinaward.co.uk

> RIVERSIDE

Iona Gordon, Cecilia Love and Phil Hawkins.

Every Saturday 10am to 11am at Canton Library (opposite Iceland), Cowbridge Road East, CF5 1QD. On bus routes 17 and 18.

> RUMNEY

Bob Derbyshire & Jacqui Parry

1st Tuesday of the month. 10am at Rumney Library, Brachdy Road.

3rd Thursday every month 6.30pm – 7.30pm at Rumney Community Centre, Llanstephan Road.

> SPLOTT

Cllr Gretta Marshall

1st Wednesday of the month at the Star Centre, Splott Road, Splott CF24 2BZ 2-3pm

Cllrs Luke Holland and Huw Thomas

2nd and 3rd Wednesday of the month, Moorland Community Centre, Moorland Road, Splott CF24 2LG from 6pm, Plus a monthly roving street surgery on the last Saturday of the month

> TROWBRIDGE

Ralph Cook, and Monica Walsh.

1st Saturday of every month (excluding August and January). At 10 am at St Mellons Library, Crickhowell Road, St Mellons.

Michael Michael

1st Wednesday of every month (excluding August & January) 9am-10am at Trowbridge Community Centre, Caernarvon Way, Rumney.

> WHITCHURCH & TONGWYNLAIS

Jonathan Evans, Chris Davis, David Groves & Benjamin Thomas

First Saturday of the month, 11am to 12noon in Whitchurch Library.

Second Saturday of the month, 11am to 12noon in Whitchurch Community Centre.

Third Saturday of the month, 11am to 12noon in Ararat Baptist Church, Whitchurch.

Fourth Saturday of the month, 11am to 12noon in Bethesda United Reformed Church, Tongwynlais

Councillors are also available by phone. Call Member Services on **2087 2020** or visit **www.cardiff.gov.uk/councillors** for details. Surgeries are not held on Bank Holidays

PRIMARY SCHOOLS MENU **07 JANUARY - 01 FEBRUARY 2013**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
07 JAN / 28 JAN	**08 JAN / 29 JAN**	**09 JAN / 30 JAN**	**10 JAN / 03 JAN**	**11 JAN / 01 FEB**
Homemade Margherita Pizza V Jacket Potato filled with Tuna or Baked Beans Herby Diced Potatoes Baked Beans Homemade Rice Pudding with Raisins A range of desserts to include fresh fruit, fruit salad or Yoghurts	Beefburger in a Bap Quorn Burger V Chipped Potatoes Coleslaw Tomato Sauce Homemade Banana Brownie A range of desserts to include fresh fruit, fruit salad or Yoghurts	Homemade Creamy Chicken Pasta Homemade Tomato Chicken Pasta Homemade Pasta Napolitan V Broccoli Sweetcorn Homemade Chocolate Crunch Cookie with Apple Wedges A range of desserts to include fresh fruit, fruit salad or Yoghurts	Roast Pork Sage and Onion Stuffing and Gravy Homemade Corned Beef Pie Homemade Cheese and Potato Pie V Roast/New Potatoes Broccoli Carrots Fruit Jelly with Ice Cream A range of desserts to include fresh fruit, fruit salad or Yoghurts	Alaskan Salmon Bake Country Vegetable Bake V Creamed Potatoes Spaghetti Hoops Peas Homemade Eves Pudding with Custard A range of desserts to include fresh fruit, fruit salad or Yoghurts
14 JAN	**15 JAN**	**16 JAN**	**17 JAN**	**18 JAN**
Meatballs in Gravy Meatballs in Tomato Sauce with Grated Cheese Vegi Balls in Gravy V Sardines on Toast with Salad Creamed Potatoes Garden Peas Homemade Apple and Mango Crumble with Custard Fruit Cake Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or Yoghurts	Beef and Pepperoni Pasta Bake Vegetarian Pasta Bake V Garlic Bread Jacket Potato filled with Tuna or Cheese Sweetcorn Baked Beans Peaches with Ice Cream Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or Yoghurts	Homemade Chicken Korma Homemade Vegetable Korma V Oven Baked Crispy Golden Fish Rice Creamed Potatoes Green Beans Tomato Sauce Homemade Lemon Drizzle Sponge Muesli Cookies Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or Yoghurts	Roast Beef Yorkshire Pudding and Gravy Cheese Vegetable Pastry V Roast/New Potatoes Broccoli Carrots Fruit Yogurt Muesli Cookies Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or Yoghurts	Oven Baked Fish Fingers Cheesy Beans on Toast V Cajun Potatoes New Potatoes Garden Peas Baked Beans Coleslaw Fruit Sponge with Custard Muesli Cookies A range of desserts to include fresh fruit, fruit salad or Yoghurts
21 JAN	**22 JAN**	**23 JAN**	**24 JAN**	**25 JAN**
Scrambled Egg and Pork Sausage Scrambled Egg and Quorn Sausage V Meatball Sub Vegi Ball Sub V Sauté Potatoes Baked Beans Homemade Rice Pudding with Raisins A range of desserts to include fresh fruit, fruit salad or Yoghurts	Homemade Pasta Bolognaise with Grated Cheese Homemade Pasta Napolitan with Grated Cheese V Jacket Potato filled with Cheese or Beans Garlic Bread Green Beans Raspberry Artic Roll with Fruit and Fruit Flapjack A range of desserts to include fresh fruit, fruit salad or Yoghurts	Homemade Chicken Tikka Homemade Vegetable Tikka V Oven Baked Fish Finger Wrap Potato Wedges Rice Mixed Vegetables Coleslaw Homemade Cornflake Crisp Muesli Cookies Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or Yoghurts	Roast Turkey Sage and Onion Stuffing and Gravy Pork Sausage Quorn Sausage V Roast/New Potatoes Cabbage Carrots Coconut Slice Muesli Cookies Cheese and Crackers A range of desserts to include fresh fruit, fruit salad or Yoghurts	St Dwynwen's Day

St Dwynwen's Day Menu

Dragon Meatballs in a Rich Tomato Sauce V

Ribbon Pasta or Creamed Potato

Garden Peas

St Dwynwen's Pudding

A range of desserts to include fresh fruit, fruit salad or Muller Yogurt

Fresh salad, extra bread and an extra piece of fruit are offered daily.

V This is a vegetarian product or a vegetarian version is available. Please note that different term dates may apply. This menu represents our full range of meals, your school may have requested a smaller selection.

www.cardiff.gov.uk/schoolcatering

CARDIFF CAERDYDD

Capital Events...

Another event brought to you by Cardiff Council www.cardiff.gov.uk or Call C2C on 2087 2087

New Theatre
Tel: 2087 8889
www.newtheatrecardiff.co.uk

Sleeping Beauty - pantomime
Runs until Sunday, January 20 -see website for performance times.

House of Burlesque: Shipwrecked - Cabaret and burlesque
Friday, January 25-Saturday, January 26 January, 8pm

The Circus of Horrors
Thursday, January 31-Saturday, February 2-see website for performance times

Driving Miss Daisy - play
Tuesday, February 5-Saturday, February 9-see website for performance times

St David's Hall
Tel: 2087 8444
www.stdavidshallcardiff.co.uk

Showaddywaddy
Saturday, January 12, 7.30pm

Trio Petrus – classical concert
Tuesday, January 15, 1pm

The Anti Capitalist Roadshow: Celebrating Subversion – musical concert
Tuesday, January 15, 8pm

One Night in Vienna – music, song and dance
Wednesday, January 16, 7.30pm

Paul Carrack - Good Feelin' Tour
Thursday, January 17, 7.30pm

Orchestra of Welsh National Opera
Friday, January 18, 7.30pm

The Classic Rock Show
Saturday, January 19, 7.30pm

Andrew Lumsden – lunchtime concert
Tuesday, January 22, 1pm

Britten's Spring Symphony - BBC National Orchestra of Wales
Friday, January 25, 7.30pm

Beyond The Barricade – hit songs from musicals
Saturday, January 26, 7.30pm

Cardiff YMCA Matinee - contemporary ballet, modern, tap and ballroom dancing
Sunday, January 27, 2pm

Brendan Cole: Licence to Thrill – theatrical music and dance
Monday, January 28, 7.30pm

Jeremy Huw Williams & Nigel Foster – musical recital
Tuesday, January 29, 1pm

Johnny Cash Roadshow
Thursday, January 31, 7.30pm

Royal Welsh College of Music & Drama Symphony Orchestra
Tuesday, February 5, 1pm

Guinness World Records Officially Amazing Science Live!
Thursday, February 7, 7pm

Shostakovich's Fifth Symphony
Friday, February 8, 7.30pm

Park Events
Tel: 2068 4000
www.cardiff.gov.uk/parks

Garth Mountain Walk
Saturday, January 12, 10.30am - 1.30pm
Wet weather clothing, stout walking boots and refreshments are essential. Meet at Taffs Well train station. Free.

Walk off Christmas at Hailey Park & Forest Farm
Sunday, January 13, 10.30am -1pm
All ages and dogs welcome. Meet at the Melingriffith Water Lift Engine, Ty Mawr Road. Free.

Monthly Bird Walk at Forest Farm
Saturday, January 19, 10am - 12.30pm
Bring binoculars. Meet at the Warden's Centre. Free.

Bird Walk around Roath Park Lake
Sunday, January 20, 10am-12pm
Bring binoculars. Meet by the lighthouse on Roath Park Promenade, Lake Road West. Free.

Forest Farm Wildlife WATCH Club
Saturday, January 26, 10am-12pm
For ages 8-12 years and families. Contact gstamp@cardiff.gov.uk / 02920 445903 for a programme.
www.welshwildlife.org/Watchgroups

Libraries
Tel: 2038 2116
www.cardiff.gov.uk/libraryevents

Children's activities
Cardiff Libraries provide free Rhyme Time, Story Time and Language and Play sessions for babies and toddlers.

Central Library, The Hayes, has Rhyme Time for 0 -2 year olds every Wednesday and Thursday morning at 10.30am. Please book a place by telephoning 2078 0953 or emailing childrenslibrary@cardiff.gov.uk

Story Time for 2 - 4 year olds in Central Library is on Tuesdays and Fridays at 10.30am.

We also have lots of activities happening across Cardiff. Contact your local branch library to find out what activities are available for young children close to your home.

Canton Library 2022 9935
Cathays Library 2078 5580
Ely Library 2056 2064
Fairwater Library 2078 5583
Grangetown Library 2023 0526
Llandaff North Library 2061 3182
Llanedeyrn Library 2073 1428
Llanishen Library 2075 0634
Llanrumney Library 2078 0994
Penylan Library 2078 8400
Radyr Library 2078 0996
Rhiwbina Library 2069 3276
Rhydypennau Library 2075 4657
Roath Library 2049 4538
Rumney Library 2079 5834
Splott Library 2046 2522
St Mellon's Library 2078 0992
Whitchurch Library 2062 8951

Coffee Morning
Rhydypennau Library. Every last Friday of the month. Fairtrade Tea and filter coffee provided. Quizzes, newspapers and crosswords available. Call 2075 4657 for details.

Live Music
Central Library. Saturday from 1pm. A wide range of artists performing live. Call the library on 2078 0959 for details.

An evening of Mediumship – Central Library
Thursday, January 31, 7pm.
For details, visit www.cardiff.gov.uk/cardiffcentrallibrary or call 029 20 382116

Photograph by Yasmine Dahal

Sleeping Beauty at the New Theatre

Wales Millennium Centre
Tel: 2063 6464
www.wmc.org.uk

The Phantom of the Opera
Wednesday, December 5-Saturday, January 12 - see webpage for performance times.

Britten & Bridge – violin concerto
Tuesday, January 8, 7.30pm

One Man, Two Guvnors – comedy show
Tuesday, January 22-Saturday, January 26-see website for performance times.

Faulty Towers: The Dining Experience
Friday, February 1-Wednesday, February 13 - see website for details.

Welsh National Opera: Lulu
Friday, February 8-Saturday, February 23, 7pm

Flat Holm
Tel: 2087 7900
www.flathomlisland.com

Rich in wildlife, steeped in history, this unique island is a perfect getaway for the whole family. Why not book a day trip to explore the island or stay overnight at this beautiful location just 5 miles from Cardiff. Boats depart from Cardiff Bay Barrage, you can find out more about sailing times/dates by calling 02920 877912 or visit www.flatholmisland.com

Millennium Stadium
Tel : 087005582582
www.millenniumstadium.com

RBS 6 Nations Rugby
Saturday, February 2, 1.30pm
Wales v Ireland

Norwegian Church Art Centre
Tel: 2087 7959
www.norwegianchurchcardiff.com

Zumba
Every Monday, 5.30pm–6.30pm. £5 standard / £4 concession per class.

Street Dance
Every Tuesday, 5.30pm-6.30pm. Classes for Adults (16+). £5 per class.

Yoga
Every Thursday, 6.30pm–8pm. £8 per class.

Welsh lessons for pure beginners
Every Tuesday, 7pm-9pm (term time only). For further details call 029 2087 4710 or visit www.learnwelsh.co.uk

City and Bay Events
Email: events@cardiff.gov.uk
Email: Eventsmarketing @cardiff.gov.uk
www.cardiff.gov.uk
www.cardiff-festival.com
2087 2087/8 (cym).

All events subject to confirmation. Information on the L8 (late) night bus service is available from: 0870 608 2608 and www.cardiffbus.com

Cardiff Cross Country Challenge- Bute Park
Sunday, January 20, 11.15am – 3pm. Free.

Cardiff Naturalists' Society
A series of talks and field trips covering all aspects of wildlife from plants and animals to the environment and geology. For details visit www.cardiffnaturalists.org.uk

Cardiff Philatelic Society
Stamps, postcards or postal history group. Meets alternate Tuesdays, 7.30pm at Llanishen Baptist Church, Fidlas Road, Llanishen, CF14 5LZ. For details visit www.cardiffphilatelicsociety.org.uk

Cardiff Royal Naval Association
Meet monthly on the second Monday at 7.30pm at the Rumney Royal British Legion. Former and serving members of The Royal Navy and Royal Marines welcome, for details contact 07926 030327 or e-mail jeffhadley@hotmail.co.uk

Community Event
Every Saturday, 9.30am –1pm Roath Art & Craft Bazaar in conjunction with the local Farmers' Market at Mackintosh Sports & Social Club, 38 Keppoch Street, Roath. Free entry.

Monday Club
If you are age 50 plus and would like to make new friends and enjoy a game of bingo come along to the weekly club at Home Guard Club, Ely at 1.30pm. Complimentary refreshments are also available.

Rhiwbina Floral Society
Meet every first and third Tuesday of the month at Rhiwbina Memorial Hall, Lon Ucha, CF14 6HL. For details, visit www.rhiwbinafloralsociety.org.uk

Cardiff Bay Water Activity Centre
Learn sailing, rowing, powerboating, windsurfing, archery, fishing and more. Contact 029 2087 7977 or 029 2035 3912 or visit www.cbwac.com

Cardiff International White Water
White water rafting, kayaking, canoeing and stand up paddling. All abilities welcome aged 8+. Contact 029 2082 9970 or visit www.ciww.com

The Gate Arts and Community Centre
For performance information visit www.thegate.org.uk or call 029 2048 3344.

National Museum Cardiff - Wales Animation Exhibition
Until Sunday, March 17
For details on other events visit www.museumwales.ac.uk/ or call 029 2057 3000.

Royal College of Music and Drama
For performance information visit www.rwcmd.ac.uk. Box office: 029 2039 1391 / boxoffice@rwcmd.ac.uk

Sherman Cymru - Cynnau Tan. Dark comedy.
Tuesday, January 22–Saturday, January 26, 8pm
For details on this and other events visit www.shermancymru.co.uk or call 029 2064 6900.

St Fagans: National History Museum
For details on other exhibitions and events visit www.museumwales.ac.uk/en/stfagans/ or call 029 2057 3500.

Capital Notice...

Public Notices brought to you by Cardiff Council www.cardiff.gov.uk or Call C2C on 2087 2087

Public Notices

NEW TRAFFIC PROPOSAL FOR THE CITY AND COUNTY OF CARDIFF

Notice is hereby given that on the 4th day of January, 2013 the County Council of the City and County of Cardiff in exercise of its powers under the Road Traffic Regulation Act 1984 (as amended), Part 6 of the Traffic Management Act 2004 as amended and The Civil Enforcement of Parking Contraventions (City and County of Cardiff) Designation Order 2010, and of all other enabling powers made an Order the general effect of which is to impose traffic restrictions in the lengths of road set out in the Schedule below. The title of the Order is also described in the said Schedule.

Exemptions will be permitted for the following reason:-

(a) boarding and alighting from a vehicle;

(b) loading and unloading of goods;

(c) essential services or funerals

(d) for a maximum period of three hours vehicles when displaying a "Disabled Badge" and being used for the conveyance of disabled persons.

The Orders will come into operation on the 14 January, 2013 and copies of the Order and plans showing the affected areas are available at the address shown below, where they may be examined between the hours of 9.00 a.m.-1.00 p.m. and 2.00 p.m. – 5.00 p.m. Monday to Friday.

The Order in item 1 has been made as a consequence of the Notice of Intention advertised on 19 September, 2011 for the County Council of the Cityand County of Cardiff (Penarth Road Cardiff) (Goods Vehicle Parking Place) Order 2011.

Please note that the effects of the above mentioned notice remain the same with the exception of the following minor amendments described in item 1 of the Schedule below. The Order will now be known as "The County Council of the City and County of Cardiff (Penarth Road) (Loading Bay) Order 2012" and the loading bay extended from 99 to 107 metres.

If you wish to question the Order's provisions or validity on the grounds that they are not within the powers conferred by the Road Traffic Regulation Act 1984 or on the ground that any requirement of, or any instrument made under the Act, has not been complied within in relation to the Order, you may, within six weeks from the 4 January, 2013 apply to the High Court for this purpose.

Schedule

1. The County Council of the City and County of Cardiff (Penarth Road, Cardiff) (Loading Bay) Order 2012 will prevent you from waiting in a vehicle in the loading bay in **Penarth Road** on its east side from a point 107 metres north east of its junction with West Canal Wharf for a distance of 18 metres north east.

2. The County Council of the City and County of Cardiff (River View Area, Cardiff) (Prohibition of Waiting) Order 2012 will prevent you from leaving your vehicle at any time in **River View**, Cardiff on its north west side from its junction with Western Avenue North to a point 30 metres north west of its junction with Lydstep Crescent and around its closed end and on its south west side from its closed end (30 metres north west opposite its junction with Lydstep Crescent for a distance of 40 meters south east; and **Lydstep Crescent,** Cardiff on both sides from its junction with River View for a distance of 13.5 metres north east and; **Llandinam Crescent,** Cardiff, on both sides from its junction with River View for a distance of 13 metres north east and; **Llanmorlais Road,** Cardiff on both sides from its junction with River View for a distance of 13.5 metres north east.

3. The County Council of the City and County of Cardiff (Albany Road Area, Cardiff) (Prohibition of Waiting) Order 2012 will prevent you from leaving your vehicle at any time in the lengths of road specified in **Albany Road,** on its south west from a point 6 metres south east of its junction with Timbers Square to a point 4 metres north west of the same junction and on its south west side from a point 10 metres south east of its junction with Princes Street to a point 10 metres north west of the same junction and on its south west side from a point 7 metres south east of its junction with Roath Court Place to a point 7 metres north west of the same junction and on its south west side from a point 6 4metres south east of its junction with Arran Place to a point 6 metres north west of the same junction and: Arran Place, Cardiff, on both sides from its junction with Albany Road for a distance of 10 metres south west and; **Roath Court Place**, Cardiff, on both sides from its junction with Albany Road for a distance of 9 metres south west and **Princes Street,** Cardiff, on both sides from its junction with Albany Road for a distance of 12 metres south west and; **Timbers Square**, Cardiff, on both sides from its junction with Albany Road for a distance of 6 metres south west and; **Trafalgar Road,** Cardiff, on both sides from its junction with Albany Road for a distance of 8 metres north east;

Dated 7th day of January, 2013

Melanie Clay - Chief Officer Legal and Democratic Services

County Hall, Atlantic Wharf, Cardiff CF10 4UW

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Tel: 029 2072 9090

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LLANTWIT MAJOR LEISURE CENTRE: CF61 1TQ
PENARTH LEISURE CENTRE: CF64 2NS
HOLM VIEW LEISURE CENTRE: CF62 9DA
COLCOTT SPORTS CENTRE: CF62 8UJ
Contact Vale of Glamorgan Leisure Centres on 01446 403 000

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